

Fourier Transform Light Scattering (FTLS) of Cells and Tissues

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Fourier transform light scattering (FTLS) has been recently developed as a novel, ultrasensitive method for studying light scattering from inhomogeneous and dynamic structures. FTLS relies on quantifying the optical phase and amplitude associated with a coherent image field and propagating it numerically to the scattering plane. In this paper, we review the principle and applications of FTLS to static and dynamic light scattering from biological tissues and live cells. Compared with other existing light scattering techniques, FTLS has significant benefits of high sensitivity, speed, and angular resolution. We anticipate that FTLS will set the basis for disease diagnosis based on intrinsic tissue optical properties and provide an efficient tool for quantifying cell structures and dynamics.

Keywords: Fourier Transform Light Scattering, Quantitative Phase Microscopy, Scattering, Phase, Tissue, Cells.

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1. INTRODUCTION

Elastic (static) light scattering (ELS) has emerged as an important approach in the field for studying biological samples, as it is noninvasive, requires minimum sample preparation, and extracts rich information about morphology and dynamic activity.^{1–9} In ELS, by measuring the angular distribution of the scattered field, one can infer quantitative information about the sample structure (i.e.,

its spatial distribution of refractive index). Light scattering by cells and tissues evolved as a dynamic area of study, especially because this type of investigation can potentially offer a non-invasive window into function and pathology.^{10–13} Despite all these efforts, light scatteringbased studies currently have limited use in the clinic. A great challenge is posed by the insufficient knowledge of the tissue optical properties. Dynamic light scattering (DLS) has been intensively applied to investigate inhomogeneous and dynamic systems, including live cells.14-17 More recently, the mechanical properties of a complex fluid have been examined by detecting dynamic scattering from the probing particles.^{18, 19} Thus, the viscoelastic properties of complex fluids are retrieved over various temporal scales. This method was further extended to the cell membranes with attached micron-sized beads as probes, which provides a new way to study the microrheology of live cells.20

Light scattering techniques provide information that is intrinsically averaged over the measurement volume. Thus, the spatial resolution is compromised and the scattering contributions from individual component are averaged.

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Particle tracking microrheology has been recently proposed to measure the particle displacements in the imaging (rather than scattering) plane,^{21, 22} in which the spatial resolution is reserved. However, the drawback is that relatively large particles are needed such that they can be tracked individually, which also limits the throughput required for significant statistical average. Recently, *phase-sensitive* methods have been employed to directly extract the refractive index of cells and tissues.^{23,24} From this information, the angular scattering can be achieved via the Born approximation.²⁵

To overcome some of these limitations, we developed FTLS as an approach to study light scattering from biological samples based on diffraction phase microscopy (DPM).²⁶ FTLS combines the high spatial resolution associated with optical microscopy and intrinsic averaging of light scattering techniques.²⁷ Due to its common path interferometric geometry, DPM is stable in optical path-length to the sub-nanometer level. This feature allows FTLS perform studies on static and dynamic samples with unprecedented sensitivity.

2. PRINCIPLE OF FTLS

Our FTLS system requires accurate phase retrieval for elastic light scattering (ELS) measurements and, in addition, fast acquisition speed for DLS studies.^{13,27} Figure 1 depicts our experimental setup that satisfies these requirements by incorporating a common path interferometer with a commercial computer-controlled microscope. The second harmonic of a Nd:YAG laser ($\lambda = 532$ nm) is used to illuminate the sample in transmission. To ensure full spatial coherence, the laser beam is coupled into a single mode fiber and further collimated by a fiber collimator. The light scattered by the sample is collected by the objective lens of the microscope (AxioObserver Z1, Zeiss) and imaged at the side port of the microscope. A diffraction grating G is placed at this image plane, thus generating multiple diffraction orders containing full spatial information about the image. In order to establish a common-path Mach-Zehnder interferometer, a standard spatial filtering lens system L_1-L_2 is used to select the two diffraction orders and generate the final interferogram at the CCD plane. The 0th order beam is low-pass filtered using the spatial filter SF positioned in the Fourier plane of L_1 , such that at the CCD plane it approaches a uniform field. Simultaneously, the spatial filter allows passing the entire frequency content of the 1st diffraction order beam and blocks all the other orders. The 1st order is thus the imaging field and the 0th order plays the role of the reference field. The two beams propagate along a common optical path, thus significantly reducing the longitudinal phase



Fig. 1. FTLS experimental setup. BS, beam splitter; S, sample; O, objective lens; M, mirror; TL, tube lens; I, iris; G, Grating; SF, spatial filter; L1 and L2, lenses. Adapted with permission from Ref. [13], H. F. Ding et al., *Opt. Lett.* 34, 1372 (2009). @ 2009.

noise. The direction of the spatial modulation is along the *x*-axis, such that the total field at the CCD plane has the form.²⁶

$$U(x, y) = |U_0|e^{i(\phi_0 + \beta x)} + |U_1(x, y)|e^{i\phi_1(x, y)}$$
(1)

In Eq. (1), $|U_{0,1}|$ and $\phi_{0,1}$ are the amplitudes and the phases of the orders of diffraction 0, 1, while β represents the spatial frequency shift induced by the grating to the 0th order. To preserve the transverse resolution of the microscope, the spatial frequency β exceeds the maximum frequency allowed by the numerical aperture of the instrument. The L₁-L₂ lens system has an additional magnification of f₂/f₁ = 5, such that the sinusoidal modulation of the image is sampled by 4 CCD pixels per period. The obtained interferograms were used to calculate the phase information of the objects as followed.

3. PHASE RETRIEVAL

The complex analytic signal formalism of time-varying fields has been of interest for many applications in optics since its introduction by Gabor.²⁸ Specifically, a real function u(t) and its Hilbert transform $\tilde{u}(t)$ represent the real and the imaginary parts of a complex analytic signal. This Hilbert transformation has been commonly used to retrieve phase shifts from single temporal interferograms and for fringe pattern analysis.²⁸ In our phase measurement, a single spatial interferogram recorded by the CCD is processed for the retrieval of a full-field phase image. For a given sample the spatially varying irradiance at the image plane across either the *x* or the *y* axis has the form²⁸

$$I(x) = I_{\rm R} + I_{\rm s}(x) + 2[I_{\rm R}I_{\rm s}(x)]^{1/2}\cos[qx + \phi(x)]$$
 (2)

where $I_{\rm R}$ is the reference irradiance distribution and $I_{\rm s}$ is the sample irradiance distributions, q is the spatial frequency of the fringes, and ϕ is the spatially varying phase associated with the object. For the transparent objects of interest here (i.e., live cells), $I_{\rm s}(x)$ is expected to be nearly homogeneous, i.e., to have a weak dependence on x or y. We performed Fourier transform on the varying irradiance in Eq. (2)

$$\tilde{I}(\mathbf{q}) \propto \iint I(x, y) e^{i[\mathbf{q}_x \cdot x + \mathbf{q}_y \cdot y]} \, dx \, dy \tag{3}$$

and then applied a spatial high-pass filter to isolate the cross term,

$$u(x) = 2[I_{\rm R}I_{\rm s}(x)]^{1/2}\cos[qx + \phi(x)]$$
(4)

The corresponding imaginary part of complex analytic signal associated with the real function u(x) can be obtained through a Hilbert Transform,

$$\tilde{u}(x) = i \frac{P}{2} \int_{-\infty}^{\infty} \frac{u(x')}{x - x'} \, dx'$$
(5)

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In Eq. (5) the right-hand side stands for a principal-value integral and is the Hilbert transform of u(x).^{26, 28, 29} Therefore the phase associated with the analytic signal is calculated as²⁸

$$\Phi(x) = \tan^{-1}\left(\frac{\tilde{u}(x)}{u(x)}\right) \tag{6}$$

where Φ is strongly wrapped since the analytic signal exhibits rapid phase modulation with frequency q. However, as we mentioned early in the section 2, q is higher than the spatial-frequency content of the object, the unwrapping procedure works efficiently. Finally, the phase associated with the object is extracted as $\phi(x) = \Phi(x) - qx$.²⁸ Thus, from a single CCD exposure, we obtain the spatially-resolved phase and amplitude associated with the image field.

From this image field information \tilde{U} , the complex field can be numerically propagated at arbitrary planes; in particular, the far-field angular scattering distribution \tilde{U} can be obtained simply via a Fourier transformation,²⁷

$$\tilde{U}(\mathbf{q},t) = \int U(\mathbf{r},t)e^{-i\mathbf{q}\cdot\mathbf{r}}d^{2}\mathbf{r}$$
(7)

With time lapse image acquisition, the temporal scattering signals are recorded and the sampling frequency is only limited by the speed of the camera. The power spectrum is obtained through Fourier transform of this time resolved scattering signals.

4. FTLS OF MICROSPHERE (SYSTEM CALIBRATION)

As the system calibration, we applied FTLS to dilute microsphere water suspensions sandwiched between two cover slips, the scattering of which can be easily modeled with Mie calculation.²⁷ The measured complex field associated with such samples can be expressed as²⁷

$$U(\mathbf{r};t) = \iint_{A} U_{F}(\mathbf{r}') \sum_{i=1}^{N} \delta\{[\mathbf{r} - \mathbf{r}_{i}(t)] - \mathbf{r}'\} d^{2}\mathbf{r}' \quad (8)$$

In Eq. (8), U_F is the (time-invariant) complex field associated with each particle, δ is the 2D Dirac function describing the position (x_i, y_i) of each of the *N* moving particles, and the integral is performed over the microscope field of view *A*.

Figures 2(a–b) shows the amplitude and phase distributions obtained by imaging 3 micron polystyrene beads at a particular point in time. For ELS studies, prior to processing the interferogram, we subtract a background image obtained as the intensity map without sample or reference beam. The scattered far-field is obtained by Fourier transforming Eq. (8) in space. This angular field distribution factorizes into a *form* field \tilde{U}_F , which is determined by the angular scattering of a single particle, and a *structure* field \tilde{U}_S , describing the spatial correlations in particle positions,²⁷

$$\tilde{U}(\mathbf{q};t) = \tilde{U}_F(\mathbf{q})\tilde{U}_S(\mathbf{q};t)$$
(9)

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Fig. 2. FTLS reconstruction procedure of angular scattering from 3 μ m beads. (a) Amplitude image. (b) Reconstructed phase image. (c) Scattering wave vector map. (d) Retrieved angular scattering and comparison with Mie calculation. Adapted with permission from Ref. [27], H. F. Ding et al., *Phys. Rev. Lett.* 101, 238101 (2008). © 2008.

where **q** is the spatial wave vector and $\tilde{U}_{S}(\mathbf{q}; t) = \sum_{i} e^{i\mathbf{q}\cdot\mathbf{r}_{i}(t)}$. Figure 2(c) shows the resulting intensity distribution $|\tilde{U}_F(\mathbf{q})|^2$ for the beads in 2(a-b). As expected for such sparse distributions of particles, the form function is dominant over the entire angular range. However, by finding the phase-weighted centroid of each particle, FTLS can retrieve independently the structure function whenever it has a significant contribution to the far-field scattering, e.g., in colloidal crystals. The scattered intensity (e.g., Fig. 2(c)) is averaged over rings of constant wave vectors, $q = (4\pi/\lambda) \sin(\theta/2)$, with θ the scattering angle, as exemplified in Figure 2(d). In order to test the ability of FTLS to retrieve quantitatively the form function of the spherical dielectric particles, we used Mie theory for comparison.³⁰ The oscillations in the angular scattering establish the quantitative agreement between the FTLS measurement and Mie theory, which contrasts with the common measurements on colloidal suspensions, where the signal is averaged over a large number of scatterers.

5. FTLS OF TISSUES

Upon propagation through inhomogeneous media such as tissues, optical fields suffer modifications in terms of irradiance, phase, spectrum, direction, polarization, and coherence, which can reveal information about the sample of

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interest. We use FTLS to extract quantitatively the scattering mean free path l_s and anisotropy factor g from tissue slices of different organs.13 This direct measurement of tissue scattering parameters allows predicting the wave transport phenomena within the organ of interest at a multitude of scales. The scattering mean free path l_s was measured by quantifying the attenuation due to scattering for each slice via the Lambert-Beer law, $l_s = -d/\ln[I(d)/I_0]$, where d is the thickness of the tissue, I(d) is the irradiance of the unscattered light after transmission through the tissue, and I_0 is the total irradiance, i.e., the sum of the scattered and unscattered components. The unscattered intensity I(d), i.e., the spatial DC component, is evaluated by integrating the angular scattering over the diffraction spot around the origin. The resulting l_s values for 20 samples for each organ, from the same rat are summarized in Figure 3(a).

The anisotropy factor g is defined as the average cosine of the scattering angle,

$$g = \int_{-1}^{1} \cos(\theta) p[\cos(\theta)] d[\cos(\theta)] / \int_{-1}^{1} p[\cos(\theta)] d[\cos(\theta)]$$
(10)

where p is the normalized angular scattering, i.e., the phase function. Note that, since Eq. (7) applies to tissue



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Fig. 3. FTLS measurements of the scattering mean free path l_s (a), anisotropy factors (b) and transport mean free path (c) for the three rat organs with 20 samples per group. The error bars correspond to the standard deviations (N = 20). (d–f) The angular scattering plots associated with the scattering maps in Figures 2(d–f). The dash lines indicate fits with the G–K phase function. Adapted with permission from Ref. [13], H. F. Ding et al., *Opt. Lett.* 34, 1372 (2009). © 2009.

slices of thickness $d < l_s$, it cannot be used directly in Eq. (10) to extract g since g values in this case will be thickness-dependent. This is so because the calculation in Eq. (10) is defined over tissue of thickness $d = l_s$, which describes the average scattering properties of the tissue (i.e., independent of how the tissue is cut). Under the weakly scattering regime of interest here, this angular scattering distribution p is obtained by propagating the complex field numerically through $N = l_s/d$ layers of d = 5 microns thickness,¹³

$$p(\mathbf{q}) \propto |\iint [U(\mathbf{r})]^N e^{i\mathbf{q}\cdot\mathbf{r}} d^2\mathbf{r}|^2$$
 (11)

Equation (11) applies to a slice of thickness l_s . It reflects that, by propagating through N weakly scattering layers of tissue, the total phase accumulation is the sum of the phase shifts from each layer, as is typically assumed in phase

imaging of transparent structures.³¹ The angular scattering distribution, or phase function, $p(\theta)$ is obtained by performing azimuthal averaging of the scattering map, $p(\mathbf{q})$, associated with each tissue sample. The maximum scattering angle was determined by the numeric aperture of the objective lens and it is about 18° for our current setup (10× objective applied for tissue study). The angular scattering data were further fitted with Gegenbauer Kernel (GK) phase function³²

$$P(\theta) = ag \cdot \frac{(1-g^2)^{2a}}{\pi [1+g^2-2g\cos(\theta)]^{(a+1)}[(1+g)^{2a}-(1-g)^{2a}]}$$
(12)

Note that g can be estimated directly from the angular scattering data via its definition (Eq. (10)). However, because of the limited angular range measured, g tends to be overestimated by this method, and, thus, the GK fit offers a more reliable alternative than the widely used Henyey-Greenstein (HG) phase function with the parameter a = 1/2. The representative fitting plots for each sample are shown in Figures 3(d-f). The final values of g are included in Figure 3(b) and agree very well with previous reports in the literature.³³ From these measurements of thin, singly scattering slices, we inferred the behavior of light transport in thick, strongly scattering tissue. Thus the transport mean free path, which is the renormalized scattering length to account for the anisotropic phase function, can be obtained as $l^* = l_s/(1-g)$. The l^* values for 20 samples from each organ are shown in Figure 3(c).

In order to extend the FTLS measurement towards extremely low scattering angles, we scanned large fields of view by tiling numerous high-resolution microscope images.²⁷ Figure 4(a) presents a quantitative phase map of a 5 micron thick tissue slice obtained from the breast of a rat model by tiling \sim 1,000 independent images. This 0.3 giga-pixel composite image is rendered by scanning the sample with a 20 nm precision computerized translation stage. The phase function associated with this sample is shown in Figure 4(b). We believe that such a broad angular range, of almost 3 decades, is measured here for the first time and cannot be achieved via any single measurement. Notably, the behavior of the angular scattering follows power laws with different exponents, as indicated by the two dashed lines. This type of measurements over



Fig. 4. (a) Terra-pixel quantitative phase image of a mouse breast tissue slice. Color bar indicates phase shift in radians. (b) Angular scattering from the tissue in (c). The inset shows the 2D scattering map, where the average over each ring corresponds to a point in the angular scattering curve. The dashed lines indicate power laws of different exponents. Adapted with permission from Ref. [27], H. F. Ding et al., *Phys. Rev. Lett.* 101, 238101 (2008). © 2008.

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broad spatial scales may bring new light into unanswered questions, such as tissue architectural organization and possible self similar behavior.³⁴

The results above showed that FTLS can quantify the angular scattering properties of thin tissues, which thus provides the scattering mean free path l_s and anisotropy factor g for the macroscopic (bulk) organ. We note that, based on the knowledge of l_s , g, and l^* , one can predict the outcome of a broad range of scattering experiments on large samples (size $\gg l^*$), via numerical solutions to the transport equation, or analytical solutions to the diffusion equation. We envision that the FTLS measurements of unstained tissue biopsies, which are broadly available, will provide not only diagnosis value, but possibly the premise for a large scattering database, where various tissue types, healthy and diseased, will be fully characterized in terms of their scattering properties.

6. FTLS OF CELLS

Light scattering investigations can noninvasively reveal subtle details about the structural organization of cells.7, 8, 35-38 We employed FTLS to measure scattering phase functions of different cell types and demonstrate its capability as a new modality for cell characterization.³⁹ In order to demonstrate the potential of FTLS for cell sorting based on the rich scattering signals that it provides, we retrieved the scattering phase functions from three cell groups (Figs. 5(a-c)): red blood cells, myoblasts (C2C12), and neurons. Figures 5(d-f) show the angular scattering distributions associated with these samples. For each group, we performed measurements on different fields of view. Remarkably, FTLS provides these scattering signals over approximately 35 degrees ($40 \times$ objective applied for cell study) in scattering angle and several decades in intensity. For comparison, we also measured the scattering signature of the background (i.e., culture medium with no cells in the field of view by using threshold), which incorporates noise contributions from the beam inhomogeneities, impurities on optics, and residues in the culture medium. These measurements demonstrate that FTLS is sensitive to the scattering signals from single cells, which contrast to previous measurements on cells in suspensions. Subtle details of the cell structures may be washed in studies on suspensions since the signals are averaged over various cell orientations.

We analyzed our FTLS data with a statistical algorithm based on the principle component analysis (PCA) aimed at maximizing the differences among the cell groups and providing an automatic means for cell sorting.⁴⁰ This statistical method mathematically transforms the data to a new coordinate system to illustrate the maximum variance by multiplying the data with the chosen individual vectors. Our procedure can be summarized as follows. First, we average the n (n = 1...45) measurements for the 3 cell



Fig. 5. (a-c) Quantitative phase images of red blood cells (a), C2C12 cell (b), and neuron (c); the scale bar is 4 microns and the color bar indicates phase shift in radians. (d-e) Respective scattering phase functions measured by FTLS. Adapted with permission from [39], H. Ding et al., *Opt. Lett.*, submitted.

types (15 measurements per group), to obtain the average scattered intensity, $\overline{I(\theta_m)} = 1/45 \sum_{n=1...45} I_n(\theta_m)$, with m = 1...35 denoting the number of scattering angles. Second, we generate a matrix ΔY_{nm} of variances, where *n* indexes the different measurements and *m* the scattering angles. The covariance matrix associated with ΔY , $Cov(\Delta Y)$, is calculated and its eigenvalues and eigenvectors extracted. The three principal components are obtained by retaining three eigenvectors corresponding to the largest eigenvalues. In order to build the training set, 45 measurements (i.e., 15 per cell type) were taken and processed following the procedures described above.

Figure 6 shows a representation of the data where each point in the plot is associated with a particular FTLS measurement. In addition to the 15 measurements per group

for the training sets, we performed, respectively, 15, 15, and 10 test measurements for neurons, RBCs, and C2C12 cells. The additional test measurements allowed us to evaluate the sensitivity and specificity of assigning a given cell to the correct group.⁴¹ We obtained sensitivity values of 100%, 100% and 70%, and specificities of 100%, 88% and 100% for RBCs, neurons and C2C12 cells, respectively.

We demonstrated here that FTLS can be used to differentiate between various cell types. Due to the particular imaging geometry used, scattering phase functions associated with single cells can be retrieved over a broad range of angles. This remarkable sensitivity to weak scattering signals may set the basis for a new generation of cytometry technology, which, in addition to the intensity information, will extract the structural details encoded in the phase



Fig. 6. PCA of the experimental data for the three cell types, as indicated. Solid filled symbols are the training sets of these three different biological samples included inside three ellipses. The symbols with "+" sign in the middle are the testing measurements for each sample.

of the optical field. FTLS may improve on fluorescencebased flow cytometry as it operates without the need for exogenous tags.

7. FTLS ON RED BLOOD CELL (RBC) DYNAMICS

Dynamic properties of cell membrane components such as actin and microtubulus have been the subject of intense scientific interest.^{42–46} In particular, it has been shown that actin filaments play an important role in various aspects of cell dynamics, including cell motility.^{43,44} In this section, we briefly discussed the application of FTLS to study the fluctuating membranes of RBCs.²⁷ To determine how the cell membrane flickering contributes to the dynamic light scattering of cells, RBCs from healthy volunteer sandwiched with two glass cover slips were imaged via DPM by acquiring 256 frames, at 20 frames per s, about 14 s. Figure 7(a) shows the membrane displacement histograms of a RBC. The power spectrum in Figure 7(b) follows power laws with different exponents in time for all scattering angles (or, equivalently, wave vectors). As expected, the slower frequency decay at larger q-values indicates a more solid behavior, i.e., the cell is more compliant at longer spatial wavelengths. Notably, the exponent of -1.36 of the longer wavelength (5 degree angle), is compatible with the -1.33 value predicted by Brochard et al. for the fluctuations at each point on the cell.⁴⁷ This is expected, as at each point the motions are dominated by long wavelengths.⁴⁸ The dynamic FTLS studies of RBC rheology can be performed on many cells simultaneously, which is an advantage over the previous flickering studies.29, 47, 49



Fig. 7. (a) Histogram of the path-length displacements of a red blood cell. The inset is the phase image. (b) Dynamics FTLS of red blood cells: log–log power spectra at 5 and 15 degrees with the respective power law fits, as indicated. The inset shows one RBC phase image from the time sequence. Adapted with permission from Ref. [27], H. F. Ding et al., *Phys. Rev. Lett.* 101, 238101 (2008). © 2008₁

We believe that these initial results are extremely promising and that the label-free approach proposed here for studying cell dynamics will complement very well the existing fluorescence studies. Currently, we are working to extend the dynamics light scattering study to more complex cells and extract information from the temporal light scattering signals associated with the activity of individual cell component such as filamentous actin and microtubules. The polymerization and depolymerization of these components are highly dynamic processes and have important functional roles.⁵⁰

8. SUMMARY AND OUTLOOK

In summary, we discussed the high sensitivity dynamic light scattering study with FTLS. Due to the interferometric experimental geometry and the reliable phase retrieval, spatial resolution of the scatterer positions is well preserved. FTLS has been applied to study the tissue optical properties, cell type characterization and dynamic structure of cell membrane. We anticipate that this type of measurement will enable new advances in life sciences for its ability to detect weak scattering signals over broad temporal (milliseconds to hours) and spatial (fraction of microns to centimeters) scales. Current efforts in our laboratory are focused on advancing the technique to study the mechanic properties of cells including the cell membrane tension, bending modulus and 3D shear modulus.

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