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Abstract. Characterization of spermatozoon viability is a common test in treating infertility. Recently, it has been shown that label-free, phase-sensitive imaging can provide a valuable alternative for this type of assay. We employ spatial light interference microscopy (SLIM) to perform high-accuracy single-cell phase imaging and decouple the average thickness and refractive index information for the population. This procedure was enabled by quantitative-phase imaging cells on media of two different refractive indices and using a numerical tool to remove the curvature from the cell tails. This way, we achieved ensemble averaging of topography and refractometry of 100 cells in each of the two groups. The results show that the thickness profile of the cell tail goes down to 150 nm and the refractive index can reach values of 1.6 close to the head. © 2018 Society of Photo-Optical Instrumentation Engineers (SPIE) [DOI: [10.1117/1.JBO.23.2.025003](https://doi.org/10.1117/1.JBO.23.2.025003)]

Keywords: spatial light interference microscopy; topography; refractometry; sperm cell; refractive index.

Paper 170742R received Nov. 18, 2017; accepted for publication Jan. 23, 2018; published online Feb. 27, 2018.

1 Introduction

Assisted reproduction is one of the major methodologies to treat human infertility. Human *in vitro* fertilization (IVF) was first introduced in 1978 to treat some forms of infertility. Currently, in Western societies, up to 4% of all children born are conceived using assisted reproduction technologies (ARTs).¹ The Centers for Disease Control and Prevention report from 2014 shows that 208,768 ART cycles were performed with 57,332 live births.² Several studies confirm the “male side” is found to be responsible for 20% to 30% of infertility cases and contribute to 50% cases overall.³ The factors may be low sperm concentration, poor sperm motility, or abnormal morphology and these can happen singularly or in combination.⁴ Other problems are hormone imbalances or blockages in the male reproductive organs. In about 50% of cases, the cause of male infertility cannot be determined.⁵ Current research is focused on developing a non-invasive method to evaluate the semen morphology, with the possibility to use the sperm after the evaluation. In this scenario, a method to evaluate the sperm parameters can be a very useful tool to increase the birthrate success after ARTs.

Here, we show that spatial light interference microscopy (SLIM),^{6–8} a highly sensitive quantitative-phase imaging (QPI) method, can be used to study unlabeled sperm cells in great detail. QPI is an emerging method that provides quantitative information about transparent specimens, with nanoscale sensitivity and in label-free mode.⁹ Various implementations of QPI have been used recently to study the topography of gametes, assuming a certain refractive index.^{10–16} Rappaz et al.¹⁷ reported an experimental procedure to calculate both the refractive index

and the cellular thickness from the phase shift using digital holographic microscopy. The method relied on imaging the same cell in two solutions of different refractive index. Here, we decouple the “average” thickness and refractive index of a population of sperm cells using high-accuracy QPI of single cells. The results for topography and refractometry of the tail are in the expected range, as revealed by electron microscopy.¹⁸ Remarkably, we found that the refractive index of the cell midpiece (neck) is very high. It is known that this region is mitochondria-rich, which may explain this interesting finding.¹⁹

2 Materials and Methods

2.1 Sperm Cell Preparation

Straws of frozen bovine semen from bulls, previously tested for IVF, were thawed at 37°C for 40 s. The sample was selected by centrifugation (25 min at 300*g*) on a discontinuous gradient (45% to 80% in Tyrode’s modified medium without glucose and albumin). The pellet was reconstituted into 2 ml of IVF medium and centrifuged twice, at 160*g* and 108*g* for 10 min. For each sample, pellet was diluted with IVF medium at the concentration of 1×10^6 sperm/ml.²⁰ The final sample was divided into sample of dry sperm and sample in phosphate-buffered saline (PBS).

2.1.1 Dry samples

Ten μ l of selected sperm were smeared onto a clean microscope glass slide (24 to 50 mm), left to dry for 10 min, and finally fixed in 98% ethanol for 10 min.²¹ Slides were stored at 4°C until the day of the evaluation.

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2.1.2 Sample in suspension

Ten μl were mixed with 50 μl of PBS and smeared onto a clean microscope glass slide. To avoid the liquid evaporation, samples were overlaid with a cover slide and sealed with nail polish. Slides were stored at 4°C until the day of the evaluation.

2.2 Image Processing

The quantitative-phase image of sperm cells was retrieved from the recorded four intensity images corresponding to 0, $\pi/2$, π , and $3\pi/2$ phase shift. The retrieved method can be found in previous reports.⁹ The irradiance distribution at each point $\mathbf{r} = (x, y)$ in the image plane is a function of the phase shift, namely

$$I(\mathbf{r}, \Delta\phi) = |U_0|^2 + |U_1(\mathbf{r})|^2 + 2|U_0||U_1(\mathbf{r})|\cos[\Delta\phi(\mathbf{r}) + \delta], \quad (1)$$

where $U_1(\mathbf{r})$ is the scattered light from the sample, U_0 is the incident light, and δ is the phase shift introduced by the spatial light modulation (SLM). With the spatially varying phase shift, $\Delta\phi(\mathbf{r})$ can be reconstructed as

$$\Delta\phi(\mathbf{r}) = \arg\left[\frac{I(\mathbf{r}, 3\pi/2) - I(\mathbf{r}, \pi/2)}{I(\mathbf{r}, \pi) - I(\mathbf{r}, 0)}\right]. \quad (2)$$

Then, the phase associated with the image field can be determined as²²

$$\phi(\mathbf{r}) = \arg\left\{\frac{\frac{|U_1(\mathbf{r})|}{|U_0|}\sin[\Delta\phi(\mathbf{r})]}{1 + \frac{|U_1(\mathbf{r})|}{|U_0|}\cos[\Delta\phi(\mathbf{r})]}\right\}. \quad (3)$$

To obtain the thickness and refractive index, each sperm cell was chosen as the region of interest (ROI) from the quantitative-phase image. For each group, the 100 ROIs were chosen and tiled into a mosaic using ImageJ. Then halo effect due to phase contrast illumination was removed for each selected ROI using a recent procedure developed in our laboratory.²³

The halo removed ROIs were then further processed using ImageJ. First, the 30-pixel-wide segmented line selection width was carried out to select the sperm neck and tail. Second, the straighten plugin was applied to each new ROI to digitally remove the tail curvature. The 30-pixel values of each cross section along the straight line were retrieved and the profile along each tail was plotted.

3 Results

In this paper, we measure, for the first time to our knowledge, both the topography and refractometer of sperm cells, in a spatially resolved manner. We use a highly sensitive QPI instrument, CellVista SLIM Pro (Phi Optics, Inc.), which is described in Fig. 1(a). The SLIM module²⁴ attaches to an existing phase contrast microscope and modulates the phase shift of the incident versus scattered light in increments of $\pi/2$. To achieve this precise modulation, the objective pupil plane is relayed at the plane of a phase only SLM. Without modulation on the SLM, we record a common phase contrast image. However, once a phase shift is applied on a mask that matches the ring of the objective ring, a different intensity image is obtained at the camera. Recording four intensity images corresponding to the 0, $\pi/2$, π , and $3\pi/2$ [Fig. 1(b)] phase shift, the phase map

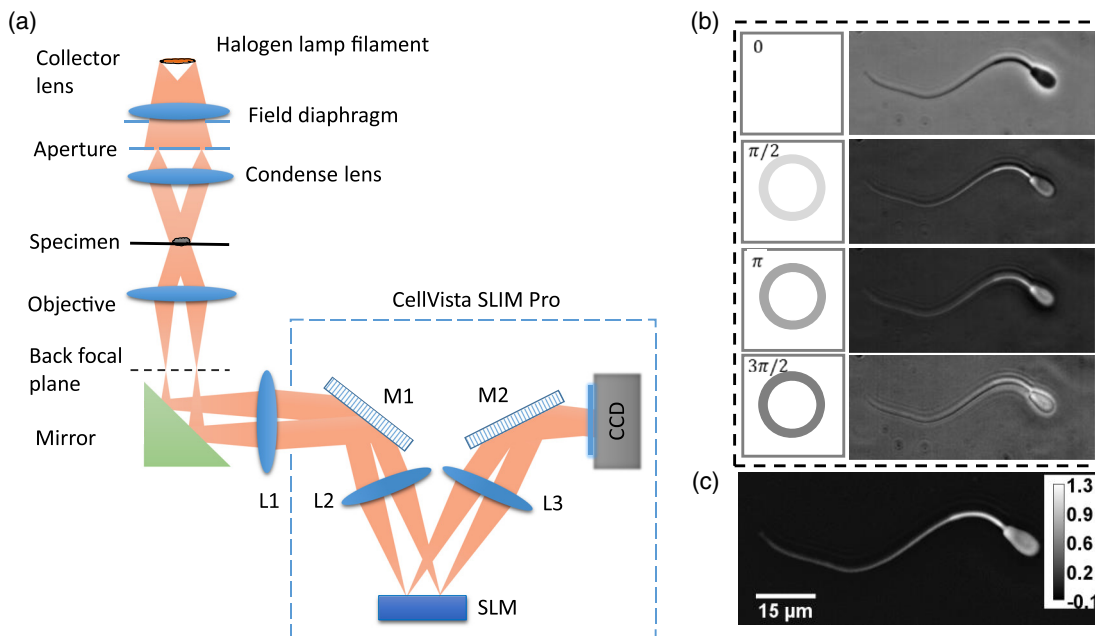


Fig. 1 (a) Schematics of the SLIM. SLIM combines conventional phase contrast microscopy and an SLIM module (Cell Vista SLIM Pro, Phi Optics, Inc.). The SLIM module consists of a $4f$ lens system and an SLM, which produces phase modulation. (b) The phase rings and four intensity images corresponding to 0, $\pi/2$, π , and $3\pi/2$ phase shift recorded by the CCD. (c) High-contrast SLIM quantitative-phase image created by combining the four intensity images. The color bar indicates phase in radian.

associated with the image field can be retrieved quantitatively and uniquely [Fig. 1(c)].

To decouple the cell thickness and refractive index from the optical path length information, we image the cells in two different media: air ($n_0 = 1$) and PBS solution ($n_1 = 1.334$). The cells were prepared as detailed in Sec. 2. We imaged 100 cells for each of the air and PBS groups. As shown in Figs. 2 and 3, we notice immediately that the cell-induced phase shift is significantly lower in PBS versus air, as expected for a smaller refractive index contrast. The spatial path length noise, evaluated as the standard deviation of a background area, shown by the green boxes in Figs. 2(b) and 3(b) is of the order of 1 nm in both cases (see the histograms insets).

Note that this noise includes also irregularities in the background due to sample preparation, e.g., debris, solution inhomogeneity, etc. Without a sample, the optical path length noise level achieved by SLIM is below 1 nm.⁶

Each SLIM image provides morphological details that allow us to identify the hallmarks of the cell components [Fig. 4(a)]. Interestingly, the nucleus of the cell appears to have a lower refractive index than the rest of the cell head, which seems to confirm the recent findings on eukaryotic cells.^{25,26} To perform averages across different cells, without artifacts due to the curvature, the tail of each cell was numerically “straighten” (Fig. 4) using an ImageJ plugin developed by Meijering et al.²⁷ In essence, using this tool, we converted the two-dimensional

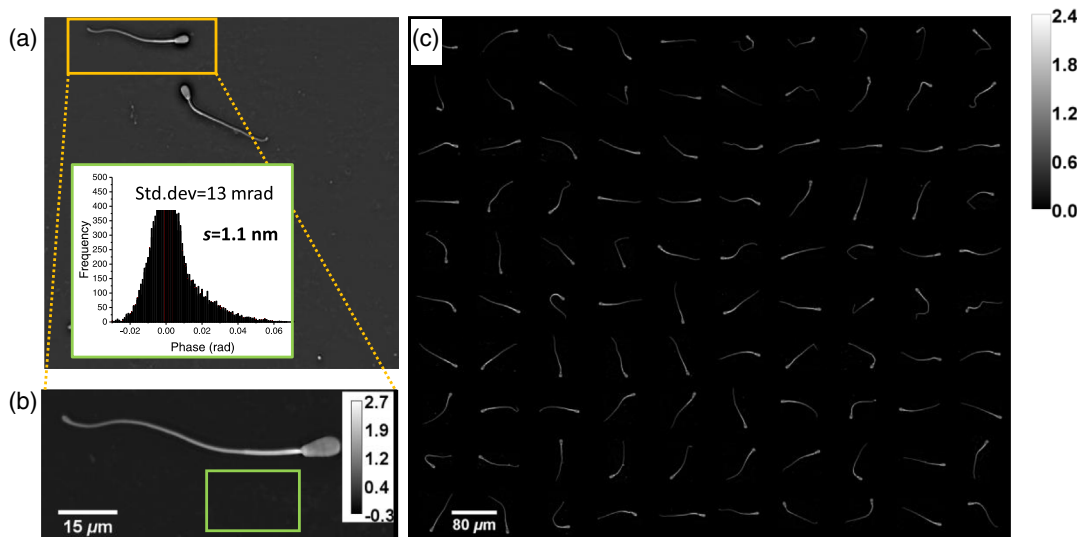


Fig. 2 (a) Example of a single-cell phase image and (b) the corresponding ROI of the “air” group. The standard deviation of a background area marked by the green boxes is shown in the histogram insets. (c) The montage of all the 100 cells measured from this group.

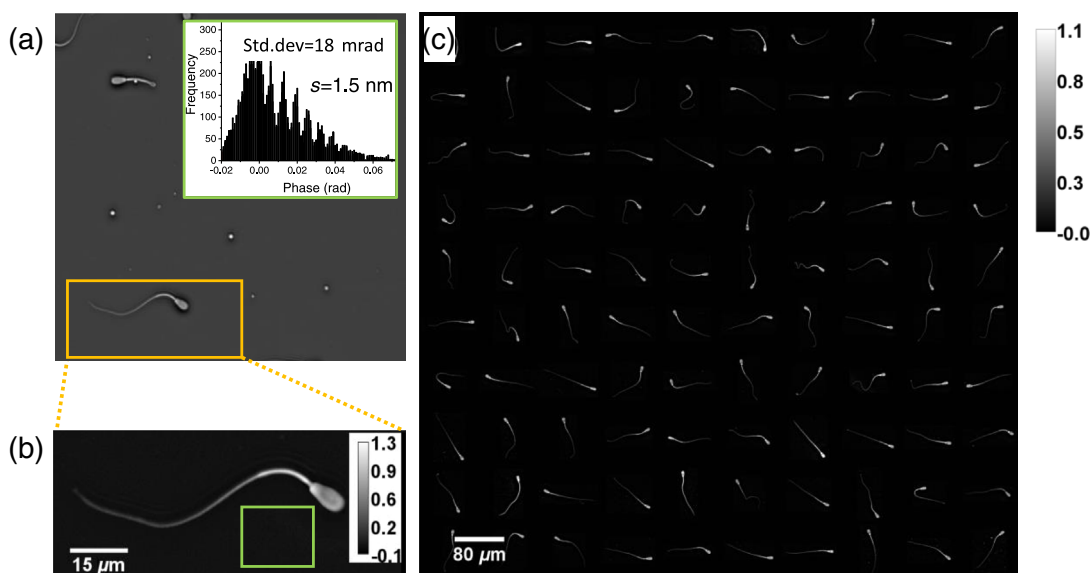


Fig. 3 (a) Example of a single-cell phase image and (b) the corresponding ROI of the “PBS” group. The standard deviation of a background area marked by the green boxes is shown in the histogram insets. (c) The montage of all the 100 cells measured from this group.

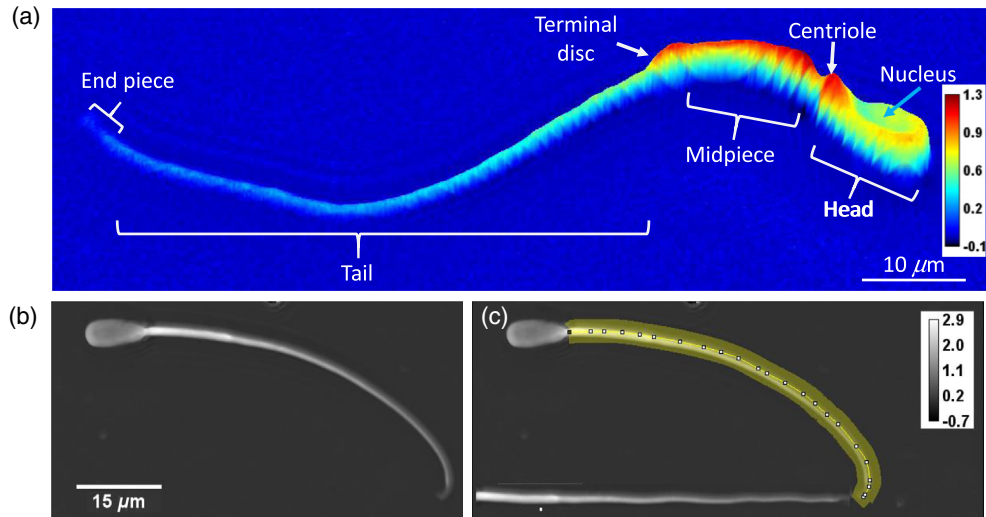


Fig. 4 (a) A sperm cell SLIM image with morphological details and hallmarks of the cellular components (cell in solution). (b) A single sperm with curved tail and (c) the corresponding 30-pixel-wide segmented line along the tail (cell in air). The numerically straighten tail is shown in inset. Color bars in rad.

tail paths into one-dimensional trajectories. Once all tails are converted to lines, we align them such that the point where the neck ends is constant to all of them. With this procedure, we average the phase values of all the cells in each group. To perform the averages over the whole 100-cell set within each group, we only used the length corresponding to the shortest tail in the group. Figure 5 shows the individual phase curves and the resulting two average profiles. The two-phase profiles depend on the average local refractive index, $n(x)$, and thickness $h(x)$, via the following system of equations:¹⁷

$$\Phi_0(x) = \beta_0[n(x) - n_0]h(x), \quad (4)$$

$$\Phi_1(x) = \beta_0[n(x) - n_1]h(x), \quad (5)$$

where Φ_0 and Φ_1 are the phase shift in air and PBS, respectively, β_0 is the wave number in vacuum $\beta_0 = 2\pi/\lambda$, λ is the

wavelength, and x is the coordinate along the tail. Solving the system of equations, we obtain

$$n = (n_1 - 1) \frac{\Phi_1}{\Phi_0 - \Phi_1} + n_1, \quad (6)$$

$$h = \frac{1}{\beta_0} \frac{\Phi_0}{(n - 1)}. \quad (7)$$

Note that the two-phase measurements are characterized by a mean, Φ_0 and Φ_1 , and standard deviation, $\delta\Phi_0$ and $\delta\Phi_1$, calculated over 100-cell measurements per group. In this way, we perform a statistical average over the cell-to-cell variability in both dry and wet conditions. As a result, the thickness and refractive index profiles are also characterized by standard deviations, δn and δh , which are shown in Fig. 6. The relatively large error bars are due to the variability over the cell population.

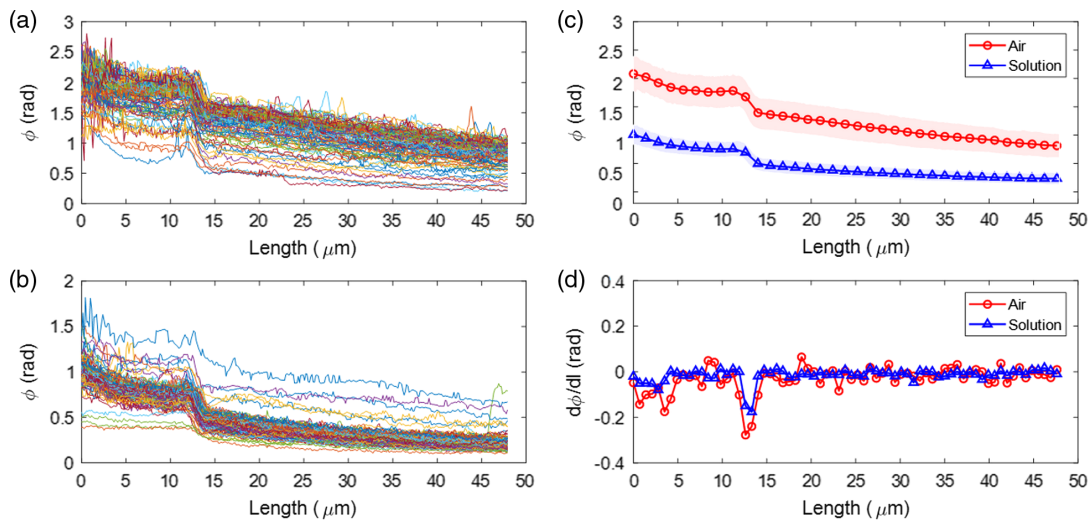


Fig. 5 The individual phase curves of (a) the air group and (b) the PBS group. (c) The resulting two average profiles. (d) First-order derivative of the average profiles, which are used for aligning the thickness and refractive index profiles.

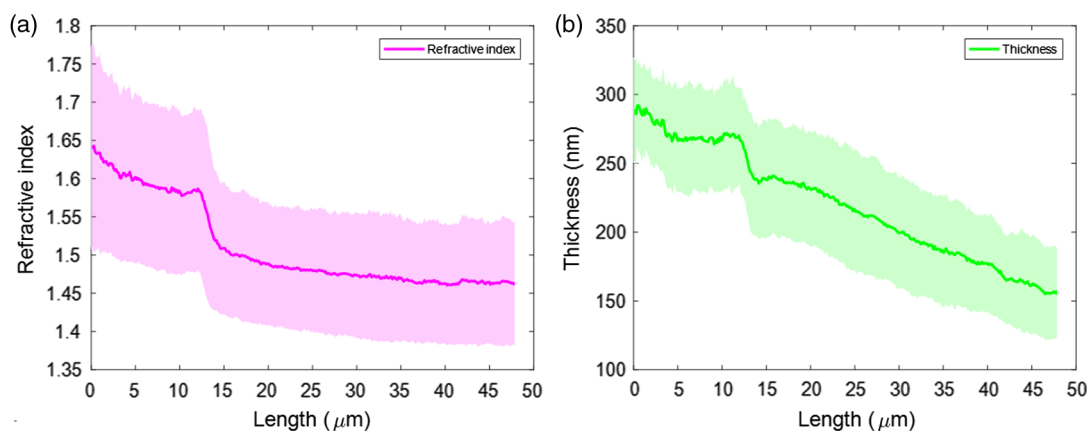


Fig. 6 (a) The refractive index and (b) thickness profiles of spermatozoa. The thickness of the shaded area corresponds to the standard deviation.

The results show that the neck of the sperm is significantly different from the tail not just in terms of thickness but also refractive index. Thus, the thickness decreases along the neck and tail from ~ 300 to 150 nm. Perhaps the most significant is that the refractive index of the neck reaches very high values, of 1.6 toward the head. The relatively high standard deviations include the intrinsic cell-to-cell variability, since they are the result of averages on two different cell assemblies. The values of refractive index decrease toward the tail, down to 1.45 , which is comparable to previous reported values. The refractive index of the neck is surprisingly high. It is well known that this region of the cell is packed with mitochondria.¹⁹ These organelles are surrounded by lipid bilayers, which is likely responsible for such high values of refractive index.

4 Summary and Discussion

In summary, we measured for the first time to our knowledge simultaneous topography and refractometry of sperm cells. We performed imaging of cells suspended in two media of different refractive indices, which allowed us to retrieve separately both the thickness and refractive index of the cell tails. Using SLIM, a label-free method capable of providing nanoscale sensitivity to optical path length, we obtained detailed topography from single spermatozoa. Our technique was enabled by numerically eliminating tail curvatures. This procedure allowed us to average the results over a large number of cells in two measurement groups, characterized by different background refractive indices. Recent advances in SLIM technology allow us today to scan entire microscope slides and multiwell plates in a fully programmable and high-throughput manner.²⁸ The refractive index has been used before as a reporter for biomedical applications.^{29–32} We anticipate that these results will open an area of applications by providing more accurate assays for IVF.

Disclosures

Gabriel Popescu has financial interest in Phi Optics, Inc., a company developing QPI technology for materials and life science applications. The remaining authors declare no competing financial interests.

Acknowledgments

This work was supported by the National Science Foundation (Nos. CBET-0939511 STC, DBI 14-50962 EAGER, and IIP-

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